

Air Fryer Cooking Times

AirFryMaster.com

FOOD	AMOUNT/CUT	TEMP	MINUTES	YOUR TEMP	YOUR MINUTES
CHICKEN					
Breast, bone in	1.25 lbs.	370F/190C	25		
Breast, bone out	.25 lbs.	380F/195C	12		
Drumsticks	2.5 lbs.	370F/190C	20		
Thighs, bone in	2 lbs.	380F/195C	30		
Thighs, boneless	1.5 lbs.	380F/195C	20		
Legs	1.75 lbs.	380F/195C	30		
Wings	2 lbs.	400F/200C	12		
Game Hen	2 lbs.	390F/200C	20		
Whole Chicken	4 lbs.	400F/200C	40-50		
Chicken Tenders	1 lbs.	360F/185C	10		
FISH					
Calamari	.5 lb.	400F/200C	4		
Fish fillet	1 lbs./1"	400F/200C	10		
Salmon	6 oz.	380F/195C	12		
Tuna steak	6 oz.	400F/200C	10		
Scallops	6 oz.	400F/200C	6		
Shrimp	6 oz.	400F/200C	5		
Swordfish steak	.5 lb.	400F/200C	10		
BEEF					
Burger	.25 lbs.	370F/190C	16-20		
Filet Mignon	.5 lb.	400F/200C	18		
Flank steak	1.5 lbs.	400F/200C	12		
London broil	2 lbs.	400F/200C	20-28		
Meatballs	1 inch	400F/200C	9-14		
Ribeye, bone in	.5 lbs./1"	400F/200C	10-15		
Sirloin steaks	.75 lbs./1"	400F/200C	9-14		
PORK					
Loin	2 lbs.	360F/185C	55		
Pork chops, bone in	6 lbs./1"	400F/200C	12		
Tenderloin	1 lb.	370F/190C	15		
Bacon		400F/200C	7-10		
Bacon (thick)		400F/200C	8-13		
Sausages		380F/195C	15		
LAMB					
Loin chops	1 inch	400F/200C	8-12		
Rack	1.5 lb.	380F/195C	22		

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VEGGIES					
Asparagus		400F/200C	5-10		
Beets	whole	400F/200C	40		
Broccoli	chopped	400F/200C	6		
Brussels sprouts	halved	380F/195C	15		
Carrots	sliced	380F/195C	15		
Cauliflower	chopped	400F/200C	12		
Corn on the cob		390F/200C	6		
Eggplant	1.5 inch	400F/200C	15		
Fennel	quarters	370F/190C	15		
Green beans		400F/200C	5		
Kale leaves		250F/120C	12		
Mushrooms	.25" slice	400F/200C	5		
Onions, pearl		400F/200C	5		
Parsnips	.5 inch	400F/200C	15		
Peppers	1 inch	400F/200C	15		
Potatoes, baby	1.5 lbs.	400F/200C	15		
Potatoes	1" chunk	400F/200C	12		
Potatoes	whole	400F/200C	40		
Summer squash	1.5 inch	400F/200C	12		
Sweet potatoes	whole	380F/195C	30		
Tomatoes, cherry		400F/200C	4		
Tomatoes	halved	350F/180C	10		
Winter squash	5 inch	400F/200C	30		
Zucchini	5 inch	400F/200C	12		
FROZEN FOODS					
Breaded shrimp		400F/200C	9		
Cheese sticks	12 oz.	400F/200C	8		
Chicken nuggets	12 oz.	400F/200C	10		
Corn dogs		370F/190C	10-14		
Fish fillet	10 oz./1.5"	400F/200C	14		
Fish sticks	10 oz.	400F/200C	10		
French fries	20 oz.	400F/200C	15		
French fries, thick	17 oz	400F/200C	18-20		
Onion rings	12 oz.	400F/200C	8		

